

Soil



- A teaspoon of forest soil contains several kilometers of thin sponge wires that act as internet fiberglass wires. Over the centuries, a single fungus can spread over several square kilometers, thus forming a net that connects entire forests.
Source: *Trädens hemliga liv* by Peter Wohlleben
- A handful of forest soils hold more living creatures than there are humans on the planet. Source: *Trädens hemliga liv* by Peter Wohlleben
- The earth's characteristic scent comes mainly from actino bacteria that contain an organism called mycobakterium vaccae. Inhaling the earth's scents has been shown to provide several healthy healings such as;
 - Counteracting depression
 - Reduced stress levels with several weeks of effectiveness
 - Antibiotic effectsSource: The Magazine *Land* 20/2016



Compiled by Mikael Burman, Torpadammens Vänner

torpadammensvanner@hotmail.com

www.torpadammensvanner.se